breakfast

served monday-friday 7:30a-11a, saturday 7:30a-2p, sunday 10a-3p	
no.1	two corn tortillas with scrambled eggs\$8.99 queso fresco, salsa, sour cream and avocado.
no.2	granola with greek yogurt, bananas, and strawberries\$7.99
no.3	two eggs any style*\$8.99 with bacon and a house made cheddar cheese biscuit.
no.4	broccoli and tomato scramble\$7.99 with cheddar and a side of toast.
no.5	ham, mushroom, and swiss scramble\$8.99 with a side of toast.
no.6	toasted bagel and smoked salmon\$10.99 with cream cheese, with red onion, tomato, capers and sprouts. choose everything, sesame, cinnamon raisin, or plain bagel.
no.7	blt with two eggs any style* and mayo on toasted\$8.99 sourdough.
no.8	avocado toast\$7.99 with olive oil and red pepper flakes.
add	side of eggs*\$2.99 bagel w/ cream cheese\$2.99 side of bacon (3pc)\$2.99 cheddar cheese biscuit\$2.50
	lunch & dinner
	served monday-saturday 11a-7p, sunday 10a-3p
no.9	shrimp blt
no.10	turkey, bacon and avocado\$8.99 with white cheddar, lettuce, tomato and mayo on sourdough.
no.11	egg salad with lettuce and mayo on sourdough\$6.99 toasted with bacon & tomato\$8.99
no.12	curry chicken salad\$8.99 with lettuce and mayo on sourdough.
no.13	green goddess tuna salad\$8.99 with lettuce, tomato and mayo on sourdough. toasted with swiss and pickles\$9.99
·	white bean spread, avocado, cucumber\$7.99 and sprouts with shredded carrots, red onion, and tomato on toasted wheat. consuming raw or undercooked eggs may increase your risk of foodborne illness

no.15	blt with mayo on toasted sourdough\$7.99 *add pimento cheese\$8.99
no.16	grilled cheese with muenster and yellow cheddar on\$4.99 sourdough. add bacon\$6.99
no.17	tomato and fresh mozzarella\$7.99 with mixed greens and balsamic vinaigrette on toasted focaccia. add salami\$9.99
no.18	salami and white cheddar panini\$7.99 with red onion and pepperoncini on sourdough.
no.19	buffalo chicken, green herb dip, sprouts\$8.99 with red onion and muenster on sourdough.
no.20	cucumber, swiss, lettuce, tomato\$7.99 with red onion, shredded carrots, Foster's Market 7 Pepper Jelly and green herb dip on wheat.
no.21	ham, smoked gouda, lettuce, and sprouts\$8.99 with mayo and stonewall kitchen garlic & onion jam on toasted sourdough.
no.22	turkey, havarti, and sliced avocado\$8.99 with lettuce, sprouts, dijon, & mayo on toasted sourdough.
no.23	grilled pimento cheese & bacon on sourdough\$7.99
no.24	roast beef and muenster with lettuce, tomato,\$9.99 red onion and horseradish mayo on sourdough.
no.25	turkey and Foster's 7 pepper jelly\$8.99 with white cheddar, green herb dip, lettuce and red onion on wheat.
no.26	turkey and stonewall kitchen mango\$8.99 chutney with bacon, lettuce, red onion, mayo and yellow cheddar on sourdough.
no.27	black forest ham and swiss\$8.99 with lettuce, tomato, pickles, mayo and deli mustard on sourdough.
no.28	peanut butter, bacon and banana panini\$7.99 with honey on sourdough.
no.29	pimento cheese, sliced avocado, red onion\$7.99 with lettuce, tomato, sprouts, and mayo on toasted wheat.
	3 veggie salad plate\$8.99
	3 salad plate (1 meat) \$9.99